11 Howard

Boothbay Harbor, Maine



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RE: Town Public Safety Recommendations for COVID-19 During Reopening

Dear Boothbay Harbor residents, taxpayers, businesses and visitors:

We hope all of you are of remaining well and enjoying the return of summer to our region. As local businesses re-open, this is a very important time all of for us to adhere to the state and federal COVID safety measures that help protect residents, visitors and business owners in our town. One of the Select Board's most important responsibilities is to ensure public safety. Accordingly, we expect everyone in our community to follow **ALL FOUR public health safety practices** outlined below to protect residents and visitors from transmitting or becoming infected with the coronavirus.

- <u>Practice good hygiene</u>: there is no substitute for frequent hand washing with soap every time you go in and out of a group setting. Lather up (soap destroys the virus) and wash for at least 20 seconds. If soap and water aren't available, use hand sanitizer.
- <u>Social/physical distancing</u>: when you are in public, maintain a minimum 6-foot distance from others to decrease the spread from respiratory droplets that occur when people speak, cough or sneeze.
- <u>Face covering</u>: Shielding your nose and mouth with a face covering is essential to protect our neighbors and friends from the spread of coronavirus by respiratory droplets. Covering your face during this pandemic is not a political statement; it is a public health measure designed to protect others, especially those who are more vulnerable to COVID-19. Under Governor Mill's Executive Order, businesses open to the public must post signs alerting customers that wearing a face covering in indoor public places is mandatory. Businesses may refuse entry to customers who aren't wearing a face covering.
- <u>Home quarantine</u>: If you have fever or any symptom of COVID-19, stay at home and do not go out in public. Symptoms of COVID -19 include:
 - FeverCough

Sore throat

- o Shortness of breath
- Loss of taste or smell
- Nasal congestion/runny nose

If you have any of these symptoms, call your doctor or contact the health professionals at any of our local health centers to ask about getting a COVID screening test.

Coping with the coronavirus pandemic have been challenging for us all. We want to acknowledge the unwavering service of our local health care professionals who have capably cared for people in our community during this crisis, and underscore the contributions of essential workers who staffed our grocery stores, gas stations and other essential businesses. They have provided support for our community at the risk of their own health and we are extremely grateful for their service.

Our town will continue to follow the guidance and recommendations from the State and Maine CDC as it relates to public spaces, events, and meetings. The health and safety of our residents, business, and visitors is of the upmost importance. We ask for your cooperation with these public health measures during this extraordinary time. If you have any questions regarding the town's guidance, please contact our Town Manager, Julia Latter at (207) 633-3671 or jlatter@boothbayharbor.org.